The PR Press 2024

welcome AUGUST



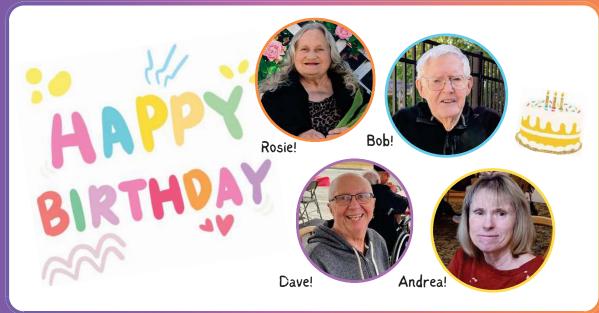
The Full Sturgeon Moon appears the night of August 19

Are you a "Lefty"? Fun Fact... Celebrate International Left-Handers Day on August 13!



5 fun facts about our Housing Director, Danielle!!

- Danielle has 2 teenagers,
 a husband & a pup at home.
- 2. She has worked in nearly all positions at Pheasants Ridge since 2012!!
- 3. She has a family cabin on a lake that is her favorite Summer time getaway
- 4. Danielle recently took a vacation to Montana and hiked in the mountains in a skirt.
- 5. Her favorite guilty pleasure is reality tv!





Is It a Cold or Allergies?

A summer cold is easily confused with seasonal allergies as the primary symptoms—congestion, runny nose, and sneezing—are the

same. But there are a few telltale differences between them.

Cold

Aches and pains, Fever, Cough

Allergies

Healthy Living

Itchy, watery eyes, Itchy skin or rash Symptoms persist longer than two weeks Riddle: How do you make the number 7 even without addition, subtraction, multiplication, or division?

Answer: Drop the "S" and "seven" becomes "even".

Riddle: A time when they are green, a time when they're brown, but both of these times, cause me to frown. But just in between, for a very short while, They're perfect and yellow and cause me to smile! What am I talking about here?

Answer: Bananas.





What's Happening Around Town?!



Free rides to the fair on Friday August 11 from 9am-4pm with True Transit! Book in advance!













August

EVERY WEEKDAY: AM EXERCISE GROUP @ 10:30

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				2:00 1	2:00 2	3
				Jenga	Jeopardy	RESIDENT CHOICE 6
4	1:30 5	2:00 6	2:00 7	2:00 8	2:00 9	10
RESIDENT CHOICE	3:30 Bible Study	Cornhole	bingo	Darts	Painting Craft	RESIDENT CHOICE
RESIDENT CHOICE	2:00 12 bingo	2:00PM RESIDENT COUNCIL MEETING	2:00 14 bingo	No afternoon group activity due to staff meeting Taylor off	11:30 16 VETERANS VISIT 2:00 Happy Hour	RESIDENT CHOICE Taylor on
18	1:30 19	2:00 20	1:30 21	2:00 22	1:30 23	24
RESIDENT CHOICE	3:30 Bible Study	Wheel of Fortune	Bob Stephan Music	bingo	Movie & Snacks Taylor off	RESIDENT CHOICE Taylor on
25	2:00 26	2:00	2:00	2:00	1:30 30	31
RESIDENT CHOICE	bingo	Bargain Basement	bingo	Karaoke	Movie & Snacks	RESIDENT CHOICE
	(O				Taylor off	Taylor on

Next month holds National Assisted Living Week!

Give us some fun party, event, activity and treat ideas that you would like to see!!