

The PR Press 2024

welcome  
**AUGUST**





The Full Sturgeon Moon appears the night of August 19



Are you a "Lefty"?  
Fun Fact...  
Celebrate International Left-Handers Day on August 13!



5 fun facts about our Housing Director, Danielle!!

1. Danielle has 2 teenagers, a husband & a pup at home.
2. She has worked in nearly all positions at Pheasants Ridge since 2012!!
3. She has a family cabin on a lake that is her favorite Summer time getaway
4. Danielle recently took a vacation to Montana and hiked in the mountains in a skirt.
5. Her favorite guilty pleasure is reality tv!



Rosie!



Bob!



Dave!



Andrea!



**Bluestone Dr.**  
**Rounds on**  
**Monday, Aug.**  
**26**

Healthy Living

Is It a Cold or Allergies?

A summer cold is easily confused with seasonal allergies as the primary symptoms—congestion, runny nose, and sneezing—are the same. But there are a few telltale differences between them.

**Cold**

Aches and pains,  
Fever, Cough

**Allergies**

Itchy, watery eyes, Itchy skin or rash  
Symptoms persist longer than two weeks

Riddle: How do you make the number 7 even without addition, subtraction, multiplication, or division?

Answer: Drop the "S" and "seven" becomes "even".

Riddle: A time when they are green, a time when they're brown, but both of these times, cause me to frown. But just in between, for a very short while, They're perfect and yellow and cause me to smile! What am I talking about here?

Answer: Bananas.

# Brain Teasers



# GAME Night

What's Happening Around Town?!



Free rides to the fair on Friday August 11 from 9am-4pm with True Transit! Book in advance!





# August

EVERY WEEKDAY: AM EXERCISE GROUP @ 10:30

| Sunday                   | Monday   | Tuesday                                     | Wednesday                                     | Thursday  | Friday   | Saturday                              |
|--------------------------|--|---|---|---|--|---------------------------------------|
|                          |  |   |   | 2:00 1<br>Jenga   | 2:00 2<br>Jeopardy                               | 3<br>RESIDENT<br>CHOICE 6             |
| 4<br>RESIDENT<br>CHOICE  | 1:30 5<br><i>bingo</i><br>3:30<br>Bible Study  | 2:00 6<br>Cornhole                          | 2:00 7<br><i>bingo</i>                        | 2:00 8<br>Darts   | 2:00 9<br>Painting<br>Craft                      | 10<br>RESIDENT<br>CHOICE              |
| 11<br>RESIDENT<br>CHOICE | 2:00 12<br><i>bingo</i>                        | 2:00PM 13<br>RESIDENT<br>COUNCIL<br>MEETING | 2:00 14<br><i>bingo</i>                       | 15<br><b>No afternoon<br/>group activity<br/>due to staff<br/>meeting</b><br>Taylor off | 11:30 16<br>VETERANS VISIT<br>2:00<br>Happy Hour | 17<br>RESIDENT<br>CHOICE<br>Taylor on |
| 18<br>RESIDENT<br>CHOICE | 1:30 19<br><i>bingo</i><br>3:30<br>Bible Study | 2:00 20<br>Wheel of<br>Fortune              | 1:30 21<br><b>Bob<br/>Stephan<br/>Music</b> 🎵 | 2:00 22<br><i>bingo</i>   | 1:30 23<br>Movie &<br>Snacks<br>Taylor off       | 24<br>RESIDENT<br>CHOICE<br>Taylor on |
| 25<br>RESIDENT<br>CHOICE | 2:00 26<br><i>bingo</i>                        | 2:00 27<br>Bargain<br>Basement              | 2:00 28<br><i>bingo</i>                       | 2:00 29<br>Karaoke  | 1:30 30<br>Movie &<br>Snacks<br>Taylor off       | 31<br>RESIDENT<br>CHOICE<br>Taylor on |

Next month holds National Assisted Living Week!

Give us some fun party, event, activity and treat ideas that you would like to see!!

